Sunny Day Care Center 275 Thacker St. Des Plaines, IL. 60016 (773) 236-3512

## The Guidance & Discipline Policy

Our program encourages self-help skills and the ability to make good choices and decisions. Good behavior comes naturally when a child's world expands with their maturity level.

At the center of Sunny Day Care Center, we believe that discipline is an ongoing process through which children learn self-control, respect for self and others, and respect for materials and belongings. We also believe that appropriate behavior management helps children learn not only what behavior is inappropriate, but what is appropriate. This approach helps build a strong sense of self-esteem in the child. In our center we use a positive discipline policy to give them stickers during the day as a price for self—control and good behavior. At the end of the day, we can count how many stickers a child has. If are three or more stickers then the child can choose some prize (treats, activities etc.). We also have traffic light policy. Green is for good behavior; yellow is for redirection of the child to another area of play. Redirection helps a child learn that there are consequences for actions and helps appropriately channel negative behavior. Red light is as a last resort, a time out equal to no more than one minute for each year of your child's age may be used. This time out period is used to help a child gain control before rejoining the group. Children are never ridiculed, intimidated, or humiliated in any way. There is no physical punishment of any kind at Sunny Day Care Center. We never allow or tolerate verbal or emotional abuse of any kind. This includes using language with the children (on anywhere in the day care) that is inappropriate to use with young children. Any infringement of these rules by staff is grounds for immediate dismissal.

When warranted in severe situations, such as biting or hitting other kids, a parent will be contacted to discuss actions to be taken to resolve the issue. Also, on our facility's part, we will try to plan activities/games about building positive social skills to help resolve the situation. Furthermore, the troubled child might be transitioned to another group for the purpose of redirection, for the duration of no more than one minute for each year of child's age. There will be continuous communication between parents and staff to resolve the matter.

Though it is our responsibility to do everything we can to prevent it, at times it is unavoidable to prevent young children from biting. All parents should accept this fact. Parents must be aware and understand that incidents of biting do occur.

A child who receives a bite will have the area cleaned to prevent infection. A First Aid Incident Report will be made to parents.

I have read, understand, and agree with all information presented in Sunny Day Care Center Discipline Policy.

The child doing the biting on the first incident will have parent notified and will be redirected to the appropriate activities. On the second incident the director will notify the parent and on the third incident, parents will be contacted to pick up the child for the remainder of the day. For children who continue may be removed temporarily or permanently from the center.

Director Signature	Parent/ Guardian Signature	
Date	Date	